# **Career Exploration 8/9**

Welcome to Career Exploration 8/9! This course is intended to give you're the time and space to help you begin to think about your future. We will meet once a week and explore how to grow and thrive in the ways that are best suited for you. Here is some of the stuff we'll do...

## 1. Your Skills and Interests

- Reflecting
- Explore your options
- Research
- Skills and interests

## 2. Planning

- Goal setting
- Making choices
- Trying stuff out
- Evaluating choices

## 3. Commuinty

- Who's in your community?
- How can your community support you?
- Mentors
- How can you help your community?
- What does your community need?

## 4. Practical Stuff

- Money/budgets
- Resumes/applications
- Requirements/Responsibilities







