One of the fantastic things that computer programs do is repeat things. This can be done a few ways in Python:

1. While loops (which you should already be familiar with)
2. Iteration (advanced technique involving a function that calls itself) - wait till next year.
3. For loops

For loops are VERY common in python. You might have already seen them (or used them) before. Here is how they work:

Most commonly for loops are used for looping over a sequence of data (a list, characters in a string etc).

Examples:

## For Loops using range ( )

for $i$ in range(6): print(i)
will loop through code 6 times.

range () is used to control how many times the loop will be repeated.

When working with range (), you can pass between 1 and 3 integer parameters to it:
range(start,stop,step)

- start states the integer value at which the sequence begins. If this is not included then start begins at 0
- stop is always required and is the integer that is counted up to but not included
- step sets how much to increase (or decrease in the case of negative numbers). If step is omitted then step defaults to 1

We'll look at some examples of using the different parameters in range ().

If you only put one number into range ( ) it becomes the stop parameter:
for $i$ in range (6): print(i)

| Output |
| :--- |
| 0 |
| 1 |
| 2 |
| 3 |
| 4 |
| 5 |



Now we will try range (start, stop)
for $i$ in range $(20,25)$ : print(i)
range(start, stop, step).


Let's cout up by 3's from 0 to 15 (but of course not including 15)
for $i$ in range $(0,15,3)$ : print(i)

| Output |
| :--- |
| 0 |
| 3 |
| 6 |
| 9 |
| 12 |

We can also use a negative value for our step argument to iterate backwards.
for i in range $(100,50,-10)$ : print(i)

| Output |
| :--- |
| 100 |
| 90 |
| 80 |
| 70 |
| 60 |

## Exercise\# 1

Using the range () function in python (and the examples above) create for loops that will output each of the following sequences of numbers:
a) $0,1,2,3,4,5,6,7$
b) $1,2,3,4,5,6,7$
c) $2,3,4,5$
d) $0,4,8,12,16,20$
e) $10,15,20,25,30,35$
f) $10,9,8,7,6,5,4,3$
g) $1000,975,950,925,900,875$

## For Loops using Lists or strings

In python, for loops have been designed to work easily with lists and other data types. Rather than looping through a range (), you can simply define a list and loop through that list as shown below.

## Example:

We'll assign a list to a variable, and then loop through the list:

```
sharks = ['hammerhead', 'great white', 'dogfish', 'frilled',
'bullhead', 'requiem']
for i in sharks: Output
    print(shark) hammerhead
great white
dogfish
frilled
bullhead
requiem
```

You can also use a for loop to construct a list from scratch:

```
numbers = []
```

for i in range(10):
numbers.append(i) \{Remember: .append adds stuff to lists.\}
print (integers)
Output
$[0,1,2,3,4,5,6,7,8,9]$

In the example above, the list numbers is initialized empty, but the for loop populates the list.

## Exercise\#2

Using a for loop, .append (i), and range () to create a list named up_by_fives [] (a list of numbers that goes up by fives from 0 to 50 ). Then print out the list.

## For loops work great with strings in python too:

```
sammy = 'Sammy'
for letter in sammy:
    print(letter)
```

```
Output:
S
a
m
m
y
```


## Exercise\#3

Here is a cool function that counts the letters of any word you give it. Type it in to Trinket, test it out, then save it or add it to your library of cool functions.

```
def count_letters(text):
    count = 0
    for c in text:
        if c == 'a':
            count = count + 1
    return count
print(count_letters("banana"))
```


## Exercise\#4

Look at each bit of code below. Predict what the does, then enter the code into Trinket to see what it does:
a)

```
count=0
colors = ['red', 'orange', 'yellow', 'green', 'orange']
for x in colors:
    if x == 'orange':
            count = count + 1
print(count)
```


## break

b) Example of using "break" used in a for loop. A break is used to end the loop when needed.

```
fruits = ['apple', 'orange', 'banana', 'cherry']
for x in fruits:
    if x == 'banana':
        break
    print(x)
```


## continue

b) Example of using "continue" used in a for loop. Continue is used to step out of a loop only once and then continue when needed.
"continue" will skip the block of code under certain conditions

```
fruits = ['apple', 'orange', 'banana', 'cherry']
for x in fruits:
    if x == 'banana':
        continue
        print(x)
```


## Advanced Stuff: Nested loops

c) A "Nested" for loop. A for loop inside another for loop.

In the example below each store owner gets printed 3 times with a second loop for each fruit. See if you can predict the output for this code...then put it into Trinket.

```
Store_owner = ['Tim','Sandy','Bill']
Fruits = ['apple','bananas','cherries']
for x in Store_owner:
    for y in fruits:
        print(x, y)
```

d) Another "Nested" for loop. A For loop inside another for loop.

In the example below 'Hey' gets printed once during the first pass of the loops, then
twice on the $\mathbf{2}^{\text {nd }}$ pass through the loops, then $\mathbf{3}$ times on the $\mathbf{3}^{\text {rd }}$ pass through loops etc...
See if you can predict the output for this code will look like...then put it into Trinket.

```
for i in range(7):
    for j in range(i):
        print('Hey')
    print('')
```


## Exercise\#5

a) Write a program which sums the integers from 1 to 10 using a for loop (and prints the total at the end).
b) Write a program which finds the factorial of a given number that is input by the user. Examples: 3 factorial, or 3 ! is equal to $3 \times 2 \times 1$;

$$
5 \text { factorial, or } 5 \text { ! is equal to } 5 \times 4 \times 3 \times 2 \times 1 \text {, }
$$ Your program should only contain a single for loop.

c) Write a Python program to find those numbers which are evenly divisible by 7 and evenly divisible by 5 (between 1500 and 2700). Use a for loop with a range (). This code should be less than 10 lines.
d) Write a python program that uses a for loop to find out how many vowels are in a word that is entered by the user.

